

# Heartsounds

A Recovery Circles Foundation Newsletter

June, 2007

*Recovery Circles Foundation  
Creating Partnerships  
for Recovery*

## From the President and CEO • **Kathy Ford**



*Kathy Ford*

Unbelievably, it has been a year since our last newsletter! We have had a busy and productive year, and our foundation is becoming more visible, as we hoped. Since last year at this time, we have added two new partners and increased our grant giving.

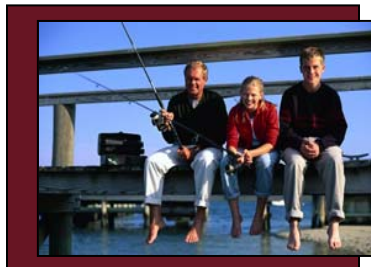
The demand for funding aftercare treatment has risen substantially over the past year. Recovery Circles Foundation met in Washington, D.C. with Representatives Ramstad and Kennedy to support their efforts for insurance parity.

RCF Board members also attended the "America Honors Recovery" luncheon in Washington, D.C. presented by The Johnson Institute, and made a site visit to Nexus Treatment Center (Dallas, TX).

## RCF welcomes two new Partners

**Linden Oaks Hospital at Edward, Naperville, IL** – provides psychiatric care for children, adolescents and adults and specializes in substance abuse, depression, anxiety, eating disorders and self-injury. Linden Oaks also cares for older adults with geriatric services for men and women.

**Right Turn, Inc., Arlington, MA** – provides innovative programming, individual support, rehabilitation services and ongoing encouragement to New England artists and entertainers and their families who've been affected by alcoholism, addiction and psychiatric issues. Right Turn is profiled in the "Partner Profile" section of this issue of *Heartsounds*.



***"Already I have seen an improvement in my health and life. None of these things would be possible without the funds you provided. My life seems to be improving on a daily basis."***

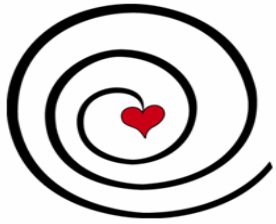
Grant recipient

## **Recovery Circles is on pace to double our national grant average**

We are pleased to announce that we have given upwards of 10% of our endowment (\$180,000 for the year and \$567,000 since 2003) in support of individual recovery. Ninety-one individuals benefited from an RCF grant. Additionally, eighteen block grants were awarded.

***"He is now working part-time to pay his rent and support himself. He has also been able to continue his music studies and has registered for classes next fall. Thank you so much."***

From a therapist's progress report



# Heartsounds

## Board Members

Kathleen G. Ford  
President/CEO

W. Sean Ford  
Vice-President

David Boyce  
Director

Deborah Ford  
Director

Reverend Paul Hottinger  
Director

Ellen DeLordo, Contact  
Special Assistant to Ms. Ford

## Advisory Circle

Claudia Black, Ph.D.  
Congressman Jim Ramstad  
Hedy Schleifer, MA, LMHC  
Yumi Schleifer  
Phil Towle

To learn more about Recovery  
Circles Foundation, visit our website  
[www.rcirclesfoundation.org](http://www.rcirclesfoundation.org)

Partner Profile ♦ Right Turn, Inc., Arlington, MA [www.right-turn.org](http://www.right-turn.org)

Right Turn is a non-profit organization founded in March of 2003 by Addictions Specialist Woody Giessmann with a vision of providing innovative programming, individual support, rehabilitation services and ongoing encouragement to New England artists and entertainers and their families who've been affected by alcoholism, addiction, and psychiatric issues. One of those issues is the fear of never regaining the ability to return to a productive and creative lifestyle in sobriety.



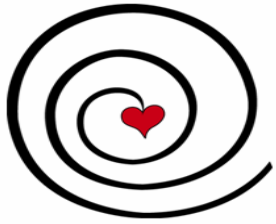
Woody Giessmann

Right Turn offers a model of treatment which creates a unique out-reach team to meet the artist, explore their needs, and offer a continuum of services to support a person through the difficult period of early sobriety. "Because we understand that artists and entertainers are a population that is typically isolated and unlikely to enter into traditional treatment facilities, we have developed a unique approach to providing services -- having artists who are professionals in community treatment and relapse prevention work with our clients" says Geissmann.



***"You are an essential partner in our continuing work to meet the growing demand for treatment facilities and programs in the relentless struggle against addiction. Thank you for helping us to keep our promise to provide the best hope for lifelong recovery for our patients and their families!"***

Hazelden



# Heartsounds

**Guest Editorial** ♦ Raymond F. Soucek, President & CEO, Haymarket Center, Chicago, IL

*"Never give up on anyone until the casket lid slams closed."*

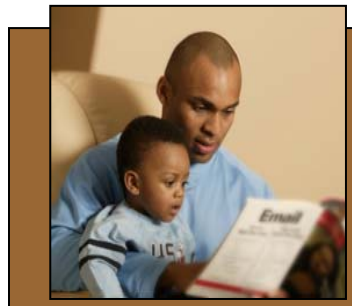
– Monsignor Ignatius McDermott, Founder of Haymarket Center

***"Their efforts have brought mental health illnesses out of the shadows and into the forefront, giving hope to millions of Americans."***

House Speaker Nancy Pelosi referring to the leadership of Congressmen Kennedy and Ramstad in support of "The Paul Wellstone Mental Health and Addiction Equity Act"(H.R.1424).

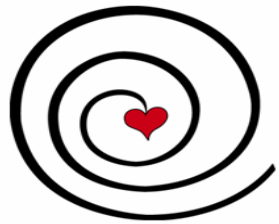
These words capture the spirit of the health and human services arena; the essential disposition that constitutes the efforts of treatment providers to continually extend their hands to the underserved, unacknowledged population in our communities. As individuals who have taken positions within this field, we have consciously made the decision to recognize the ignored as fellow human beings and treat them as such. These populations commonly suffer from medically established disorders that are widely misunderstood and disregarded throughout various circles. Often stigmatized, sufferers of chemical addiction and mental illness face seemingly insurmountable barriers to treatment.

For over thirty years, Haymarket Center has fought against the stigma surrounding these conditions to develop a substance abuse treatment facility that comprehensively addresses all barriers to achieving long-term recovery. At Haymarket we expect that people will encounter difficult challenges within treatment and believe that relapse opens an often misperceived gateway to recovery. Following each individual step-by-step through their road to recovery, we have developed a continuity of care that strengthens them as they face obstacles. As an agency committed to the on-going needs of the underserved, we are dedicated to the welfare of those lost in addiction and illness, sustaining hope as a light in darkness. Persistence is our badge, the mark of our profession; the persistence to, "Never give up on anyone until the casket lid slams closed."



***"As a result of Recovery Circles Foundation's grant monies, McDermott Center has been able to open an additional full-time counseling position in our Conventional Outpatient Program and expanded slots and days in this program."***

Haymarket Center



# Heartsounds

## Partner News

**Right Turn** is introducing two new groups that directly address the fear among artists and entertainers that sobriety will negatively impact their ability to create. *Songwriters Circle* enables songwriters to create and workshop their songs in a supportive sober setting. *The Listening Room* showcases sober musicians, comedians and poets in a welcoming drug and alcohol free venue. For more information, about these and other programs visit their website at [www.right-turn.org](http://www.right-turn.org) or email them at [info@right-turn.org](mailto:info@right-turn.org).

**Linden Oaks at Edward** opened Arabella House, a residential care home for women age 16 or older suffering from eating disorders. For more information, contact Trish Jones-Bendel, Director of Specialty Services at [tjones-bendel@edward.org](mailto:tjones-bendel@edward.org).

Last fall, **Betty Ford** announced plans to create a Betty Ford Institute that she envisioned developing into the global focal point on abuse and addiction to alcohol and other drugs. At the Institute's first Consensus Conference, fourteen of the nation's leading independent researchers, educators and clinicians sought agreement on the question, "How to Define Recovery and Can it be Measured?" A review of this conference and the conclusions reached will be the subject of an upcoming issue of the Journal of Substance Abuse Treatment. For more information email [jboop@bettyfordcenter.org](mailto:jboop@bettyfordcenter.org).

Voice of America's Patricia Raskin welcomed Hedy Schleifer of **Schleifer & Associates** to her "Positive Living with Patricia Raskin" broadcast on March 26. Hedy discussed how to build lasting and productive relationships in life and profession. For more information on Hedy Schleifer and her work with couples, visit [www.HedyYumi.org](http://www.HedyYumi.org)

WomanCraft, Inc, the social venture of **Deborah's Place**, was recently awarded the Green Products Award for leadership in environmentally responsible products and services. The WCI artisans were thrilled to receive the award from Chicago Mayor, Richard M. Daley.

Cynthia Power, President of **Life Enrichment Services** (Wheaton, IL) is working with a Chicago based Addiction Health Care System to develop an Intensive Outpatient Program for Impaired Professionals who act out sexually. For more information contact Cynthia Power at [cynthiapower@aol.com](mailto:cynthiapower@aol.com).

*"I am being held softly in Teresa's womb until I can fend for myself and reemerge into the world mentally and physically capable of dealing with what life has to offer. I am looking forward to the process. Thank you for allowing me to try."*

Deborah's Place Alumna

