


# Heartsounds

A Recovery Circles Foundation Newsletter

Fall, 2005

 Recovery Circles Foundation  
Creating Partnerships  
for Recovery

## From the President and CEO • *Kathy Ford*



*Kathy Ford*  
President/CEO

We are excited to announce that we have signed partner agreements with four new partners including Caron Foundation who is profiled in this newsletter. Refer to the **Partner News** section for a brief description of each new partner. As Recovery Circles Foundation comes to the end of its second year, As of the end of this year's third quarter, we have awarded 25 grants amounting to \$140,000. Most of these grants went to individuals, and the majority of those individuals were women. Treatment issues included addiction to alcohol and other drugs, post traumatic stress disorder and a wide range of psychological disorders associated with addiction and trauma.

The progress reports we receive on individuals are a vital indication to us of the triumphs, accomplishments and pain that are a part of the healing process. We will continue to keep you updated on our grant making activity in future issues of **Heartsounds**. Working together creatively with our partners and with people supportive of our unique brand of philanthropy is key to our efforts in helping the underserved.

## RCF Board Member Profile • *David Boyce*



*Dave Boyce*  
Director

RCF is pleased to welcome a new Board member. David Boyce is VP of Marketing for Oracle's Global Retail business. Prior to this position, Dave was VP of Marketing and Strategic Initiatives for ProfitLogic, a retail software company that was sold to Oracle in July of 2005. Dave has also held strategy and management positions at Monitor Company, IBM, and 3 smaller ventures he founded and ran. Dave has a BA with University Honors in German Literature from Brigham Young University and an MBA from Harvard Business School. Dave lives in Belmont, Massachusetts with his wife Lisa, their four sons and one daughter.

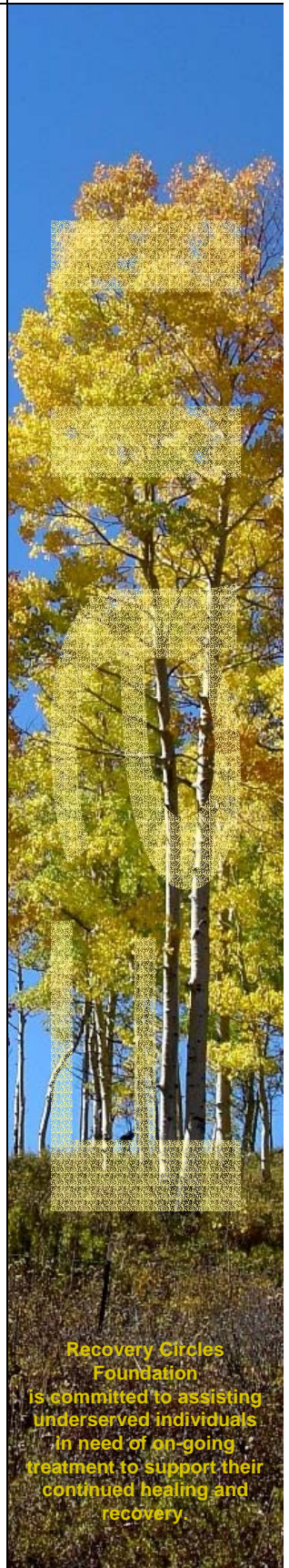
## Partner News – *Recovery Circles Foundation welcomes four new partners...*

**Caron Foundation**, Wernersville, PA – a nationally recognized provider of treatment for alcoholism and other drug addiction offering a full spectrum of gender-specific chemical dependence treatment programs for individuals from adolescents to seniors

**Norma Berlin**, M.A., L.C.P.C., M.A.C., C.S.A.D.C., of **Counseling Resources, Inc.**, Oak Brook, IL – a private practice therapist since 1979 which includes adolescents and adults with multiple problems, both chemical dependency and psychiatric diagnoses

**Margaret Drungle**, M.A., A. A., L.C.P.C., Naperville, IL – a private practice therapist since 2004 providing individual counseling to families, adolescents and adults which also includes executive counseling, crisis management and telephone counseling

**Isenberg and Associates**, Naperville, IL – co-founded by Sheldon Isenberg, L.C.S.W., B.C.D., and Raye Isenberg, L.C.S.W., B.C.D. – an association of practitioners providing a full range of psychotherapy and consultation services that include professional services for individuals, families, couples, adolescents



**Recovery Circles Foundation**  
is committed to assisting  
underserved individuals  
in need of on-going  
treatment to support their  
continued healing and  
recovery.

## Partner Profile ♦ CARON FOUNDATION, Wernersville, PA [www.caron.org](http://www.caron.org)

Caron Foundation's mission is to "provide an enlightened and caring treatment community in which all those affected by the disease of addiction may begin a new life." A not-for-profit organization in operation since 1957, Caron offers a full spectrum of gender-specific chemical dependency treatment programs to meet the needs of everyone – from adolescents to seniors. Caron's demonstrated expertise includes early intervention, medical evaluation and detoxification, residential primary, relapse and extended care, outpatient treatment for adults and adolescents, continuing care, family counseling and co-dependency treatment...and it all began with Chit Chat Farms.

Richard J. Caron, a Reading, Pennsylvania industrialist and recovering alcoholic, and his wife Catherine, spent hours in their home "chit chatting" with people who came to them for help. Dick published **Chit Chat**, a newsletter offering support and encouragement to people struggling with addiction. In 1957 a halfway house was established and in 1959, to further accommodate the many people who sought their counsel, the Carons opened Chit Chat Farms – a facility that has gained an international reputation as one of the first and foremost chemical dependency treatment centers in the United States.

Today, Caron Foundation, rooted in the "Chit Chat" tradition, stands as a beacon of hope to individuals and families whose lives have become unmanageable because of chemical dependency.

## Guest Editorial ♦ Rebecca Crowell, Executive Director, Nexus Recovery Center [www.nexusrecovery.org](http://www.nexusrecovery.org)

When a woman uses drugs, her children suffer the consequences. The fetus may as well be drinking or shooting up. If a mother drags her child through a crack house she endangers the child's safety. If a mother goes to prison her child is displaced and the child's world is turned upside down. Our first reaction to this harsh reality may be rage at the mother. A better response is to offer treatment programs that recognize the unique needs of indigent, female addicts. We cannot ignore the impact of poverty, or the unique needs of women and the children they are raising.

Mothers need to be able to keep their children with them while they get help for their addiction. They need programs that will admit them during pregnancy. Many programs are fearful of treating pregnant women, yet pregnancy is a time of increased motivation for women. Pregnancy is also a time when intervention has a tremendous impact on the next generation. Admitting a pregnant woman to treatment allows for three simple things to happen that can dramatically improve the birth outcome: increased drug-free time in utero, prenatal care, and good nutrition. And if the mother succeeds in staying sober, the improved postnatal environment helps to create a baby who is not only healthy but happy.

## Did you know...

In its July, 2003 final report, President Bush's New Freedom Commission on mental health concluded that behavioral health services in the United States are fragmented, too many individuals have unmet needs, and "many barriers impede care for people with mental illness."

- Proser, M., Health Centers' Role in Addressing the Behavioral Health Needs of the Medically Underserved, September 2004

## Heartbeats

*"My life hasn't gotten any better, but I have. And I'll keep on getting better, through the grace of God, the fellowship of AA, and the generous support of this Foundation."*

-Alumnus, Behavioral Health Services

*"He asked for help from his family and was somewhat surprised that his two brothers still loved him and wanted to support him in his recovery process."*

- From a Progress Report

*"Some days are harder than others, but I have learned how to be grateful. I have the tools that I can apply in my everyday living."*

-Participant, Nexus Aftercare Program

*"Client has received a nine chip from her 12-step group. Depression has stabilized. Is considering returning to school to become an Art Therapist."*

-From a Progress Report

*"Thank you! God Bless you!"*

-Alumnus, Life Healing Center

## Board Members

**Kathleen G. Ford**  
President/Chief Executive Officer

**W. Sean Ford**  
Vice-President

**David J. Boyce**  
Director

**Deborah Ford**  
Director

**Reverend Paul Hottinger**  
Director



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