

# Heartsounds

A Recovery Circles Foundation Newsletter

Spring 2010

**Recovery Circles Foundation**  
Creating Partnerships  
for Recovery

## From the President and CEO ♦ Kathy Ford

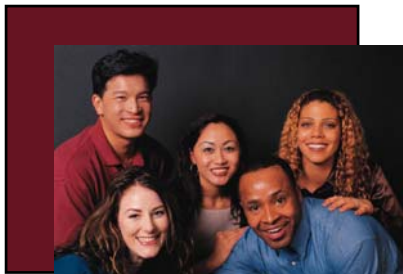


*Kathy Ford*

We all have been facing one of the most difficult economic periods in close to a century. Clearly, as people in the addictions treatment field, we are feeling the effects of society at large along with tough economic times. As a result, Recovery Circles Foundation and our Partners are focusing on how to tighten spending while continuing to maintain and improve effectiveness. We have made good use of our funding so far with the help of our Partners, who focus on recommendation for those in most need of grants for recovery. Since our last newsletter we have awarded nine block grants supporting aftercare and educational programs. In addition, Recovery Circles has awarded fourteen grants to individuals who did not have the resources to continue their treatment.

Our focus also needs to be on how to stay viable. To continue to work with our Partners in providing assistance to the underserved who struggle with addiction and recovery we must ensure that we remain financially strong. At this point in our history as a Foundation, we know that our ability to achieve our mission long term is directly related to our ability to raise funds. To this end the Recovery Circles Foundation Board will embark on a path to raise funds for the Foundation. Our efforts will focus on organizing the process of fundraising and exploring the best ways to identify funding resources and methods to achieve our goals. This process will take time, commitment and a belief in the Foundation and the work we do.

As we look to the future of Recovery Circles Foundation, we continue to strive to manage our resources to maximize our philanthropic goals. Our uniqueness and our strength is built upon our ongoing relationships with our Partners and people who support the work that we do.



*“Without this scholarship, I would not have had this excellent opportunity at a great, new life. You helped save my life and also helped to start an exciting and wonderful life free of the imprisonment of drugs and alcohol.”*

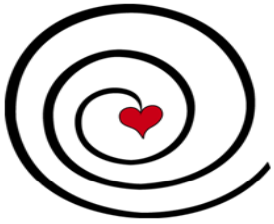
-Recipient

### **FORMER CONGRESSMAN JIM RAMSTAD JOINS HAZELDEN AS SENIOR POLICY ADVISER ON ISSUES RELATED TO**

**ADDICTION** - Center City, Minn., February 23, 2010 — Former U.S. Congressman Jim Ramstad of Minnesota has joined Hazelden as a senior policy adviser. Ramstad, who served in Congress from 1991 until last year, will assist Hazelden on federal legislative and policy issues related to addiction, treatment, and recovery. He will focus on health care reform and implementation of a new law expanding access to addiction and mental health treatment through private health care insurance. “Congressman Ramstad has been a long-time champion for addiction treatment and a tireless advocate for people struggling with addiction to alcohol or other drugs,” said Mark Mishek, Hazelden president and CEO. “His personal passion and his legislative leadership will help not just Hazelden, but our entire field, at a crucial time in the public policy arena.”

### **CARON EXPANSION INTO TEXAS -**

Caron Treatment Centers announces it will open a 40-bed residential facility for primary adult treatment next summer in Dallas, entering a market it considers underserved. Expected to open in July 2010, the facility will reflect the organization’s overall approach at its other treatment locations. The payer mix will continue to feature mainly private pay along with need-based scholarships.



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## Partner Profile ♦ *Haymarket Center, Chicago IL - [www.hcenter.org](http://www.hcenter.org)*

### Board Members

#### **Kathleen G. Ford**

President/CEO

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#### **David Boyce**

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Director

#### **Eowyn Ford**

Director

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Special Assistant to Ms. Ford

### Advisory Circle

Claudia Black, Ph.D.

Congressman Jim Ramstad

Hedy Schleifer, MA, LMHC

Yumi Schleifer

Phil Towle



*Haymarket Center, Chicago*

Founded in 1975 by the late Monsignor Ignatius McDermott and Dr. James West, McDermott Center/Haymarket Center is the largest not-for-profit community-based adult detoxification, residential, and outpatient substance abuse treatment facility in Chicago. Msgr. McDermott and Dr. West's understanding of addiction as a disease that does not discriminate on the basis of race, creed, ethnic origin, gender, or socioeconomic background provided the motivation for their call for treatment in lieu of criminalization.

This fundamental perspective continues to guide Haymarket Center in pioneering innovative, high quality, community-based, social setting behavioral health programs that are gender responsive, culturally appropriate, and population specific. Although primarily serving homeless, indigent, and ex-offender populations from the south and west side communities of Chicago, Haymarket extends its services to the entirety of Illinois.

Throughout its thirty years of operation, Haymarket Center has remained wholeheartedly devoted to identifying and designing new and progressive methods for furthering our founding mission: "to aid people with chemical dependency in their recovery by providing a continuum of optimal professional care that is responsive to the identified needs of the community." Along with this commitment, we have continually been faithful to our guiding principle of providing comprehensive substance abuse treatment and referrals to Chicago's vastly disregarded and underserved populations regardless of their ability to afford services. Our loyalty to these two fundamental principles has led Haymarket to develop over thirty specialized programs in clinical treatment, serving over 18,000 clients per year.



*"This grant from RCF will help our Program provide aftercare services to 15 unduplicated clients, 300 hours of group counseling sessions and 25 hours of individual counseling sessions."*

-McDermott Center

To learn more about Recovery Circles Foundation, visit our website [www.rcirclesfoundation.org](http://www.rcirclesfoundation.org)

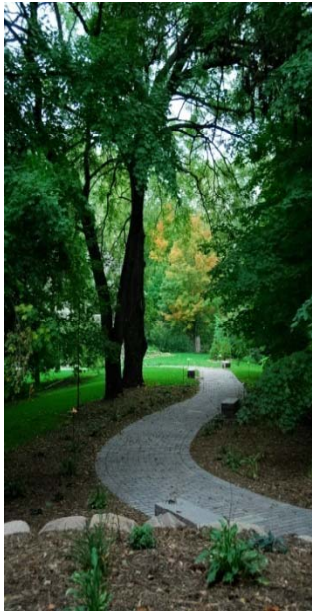


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**Guest Editorial** ♦ John Leonard, Marketing Director, The Retreat

**Community of Service:** *The power of community to help people recover from alcohol and drug dependency*

Beginning with self deception and progressing to self centered fear, addiction can isolate us from those we love and the things we care about. We become so self-centered that we no longer see how our behavior is affecting other people. Alcoholics Anonymous teaches us that our sobriety is dependent upon the daily maintenance of our spiritual condition. We do this through a relationship with a Higher Power. This is not just a vertical relationship with God but with a community of recovering people. Often, God works through other people and we must learn to take direction from those that God has put into our lives. We need people that have walked a similar path to show us the way and hold us accountable to the spiritual principles of the Twelve Steps.



*Mclver Path, The Retreat*

Here in the Twin Cities of Minneapolis and St Paul, we are very fortunate to have one of the more vibrant recovering communities in the country. Minnesota has been a destination for people seeking recovery for over six decades. People come here from all over the world to find recovery. The Retreat, a small non-profit organization in the Twin Cities, has a continuum of recovery services grounded in the spiritual principles of the Twelve Steps. Using over three hundred volunteers every month, The Retreat has effectively harnessed the power of community in their mission of helping people. The message these people share is carried with passion and enthusiasm and based on their own experience; they are giving back that which was freely given to them. The entire staff is recovering, and there is a genuine feeling of “We’re all in this together.” With so many volunteers, there is a large and dynamic pool of wisdom available to Retreat guests. In this approach, the volunteers actually become the direct agents of change. Showing someone how to recover rather than telling them what to do is often better received by people that are accustomed to doing things their own way. Surrounding people that are motivated for change with those that are living their recovery at the highest level makes recovery very attractive and helps to integrate people into the community. With its community approach, The Retreat serves as a vehicle for recovered people to carry the message to newcomers and has helped to raise the collective bar for recovery in the Twin Cities.

Bill Wilson, the founder of AA once said that “AA is all about love and service.” With this in mind, The Retreat has embraced the power of community. After all, when we extend ourselves for the benefit of others, we grow spiritually and that is the essence of recovery.



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## Partner News

[Hazelden](#) and the Dartmouth Psychiatric Research Center (PRC), both leaders in the research and development of evidence-based practices, have announced a partnership to develop a variety of resources for the mental health and addiction treatment industries.

[Cathedral Shelter's](#) Second Chance Thrift selected as 2009 Best of Chicago Award in the "Thrift Stores" category. The award was presented by the U.S. Commerce Association (USCA), and comes after Cathedral Shelter itself recently received both the 2008 and 2009 Best of Chicago Awards in the field of Drug Abuse and Addiction Treatment the U.S. Local Business Association. The USCA "Best of Local Business" Award Program recognizes outstanding local businesses throughout the country. Each year, the USCA identifies companies that they believe have achieved exceptional marketing success in their local community and business category. Second Chance Thrift, located at 1674 West Ogden Avenue, Chicago, IL, is the only store in the Chicago area affiliated with Cathedral Shelter of Chicago. Store proceeds support Cathedral Shelter's programs and services, reaching 10,000 people each year.

[Deborah's Place and Cathedral Shelter](#) have teamed up with three other agencies on Chicago's west side to form the aptly named West Side Collaborative. The objectives of the Collaborative are to increase the efficiency of service delivery to each agency's respective target populations, improve the accessibility of programs and services to residents of the West Side, and increase the capacity of the group's and each agency's ability to deliver quality programs. In addition to Deborah's Place and Cathedral Shelter, the collaborating agencies are Interfaith Council for the Homeless, Marillac House, and Primo Center for Women and Children. Together the agencies impact the communities of East and West Garfield Park, Humboldt Park, Near West Side, and Austin.



*Woody Giessmann*

Woody Giessmann, the CEO and founder of [Right Turn](#) has been chosen for the Robert Logue Presidents Award by Massachusetts Association of Addiction Professionals. In addition, MAADAC has elected to submit Woody's name to the National Association of Addiction Professionals. The award is presented to an individual who has over the years, supported addiction services in achieving purpose, goals, and professionalism, either behind the scenes or in an active role throughout the community.

[Nexus Recovery Center](#) Executive Director Becca Crowell was recently honored as a Woman of Distinction by the American Association of University Women (AAUW) of Texas at their annual convention. Crowell was nominated by the Dallas Branch of the AAUW.

**"Your generosity has assisted these men and women to continue on their roads to recovery through our Residential Day Treatment, our Ninety-Day Program and our Outpatient Program. We look forward to a lifelong friendship with you and Recovery Circles."**

*-Betty Ford Center*



*Betty Ford Center, Rancho Mirage, CA*

